

Notification Letter for a Parent/Guardian of a Symptomatic Student

Dear Parent or Guardian,

Your child was identified as having one or more COVID-19 symptoms while at _____ on _____.

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| <input type="checkbox"/> Cough | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Nausea/vomiting/diarrhea |
| <input type="checkbox"/> Fever of 100.4°F or higher or a sense of having a fever | <input type="checkbox"/> Congestion/runny nose |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Unusual fatigue |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Headache |
| <input type="checkbox"/> New loss of taste or smell | |

The following are options for your child to return to the classroom:

- If your child does not get tested for COVID-19, your child will be able to return to in-person instruction on _____ provided that their symptoms are improving **AND** they have been fever free for 24 hours without taking fever reducing medications.
- Your child will be able to return to school earlier if he/she has not had a known exposure to someone with COVID-19; **AND** a negative COVID-19 PCR test; **AND** has not had a fever for 24 hours in the absence of fever reducing medications; **AND** if their symptoms are improving.
- Your child will be able to return to school earlier if he/she is diagnosed by their healthcare provider with a different diagnosis.

If you decide to have your child evaluated by a healthcare provider:

- Contact your child's doctor or healthcare system to arrange for COVID-19 PCR testing for your child. A test can take several days to get a result, so try to have your child evaluated and tested as soon as possible. Your child must remain in isolation while awaiting test results.
- If you do not have a healthcare provider, you can find current testing options and locations here: <https://www.netchd.org/covid-19/covid-19-symptoms-and-testing/>
 - If your child tests negative:
 - Obtain a printed copy of your child's test results in case you need to provide them.
 - Contact your school to notify them of your child's results and follow all instructions about returning to school.
 - Your child will be able to return to school earlier if he/she has not had a known exposure to someone with COVID-19; and a negative COVID-19 test; and has not had a fever for 24 hours in the absence of fever reducing medications; and if their symptoms are improving.
 - If your child tests positive:
 - Continue to keep your child at home until:
 - At least 10 days from onset of symptoms
 - At least 24 hours fever free without taking fever reducing medications
 - And other symptoms have improved
 - Notify the school of your child's positive status.
 - All household members should quarantine themselves at home until they receive more specific instructions from public health.

Contact your school so that they can help manage the transition to online instruction for your child while he/she is on home isolation. For more information and additional guidance: <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf>. If you have further questions concerning COVID-19 you can consult your healthcare provider, contact the state Call Center 1.800.525.0127 and press #, or call our office at 509.684.2262. More information can be found on our website at www.netchd.org or at <https://www.cdc.gov/coronavirus/2019-ncov>.

Sincerely,



Sam Artzis, MD
Health Officer

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| <input type="checkbox"/> Stevens County - 240 E. Dominion, Colville, WA 99114 | <input type="checkbox"/> Ferry County - 147 N. Clark, PO Box 584, Republic, WA 99166 |
| <input type="checkbox"/> Administration Phone: 509-684-2262 , Fax: 509-684-1002 | Phone: 509-775-3111 , Fax: 509-775-2858 |
| <input type="checkbox"/> Community Health Phone: 509-684-2262 , Fax: 509-684-9878 | |
| <input type="checkbox"/> Environmental Health Phone: 509-684-2262 , Fax: 509-684-8506 | <input type="checkbox"/> Pend Oreille County - 605 Highway 20, Newport, WA 99156 |
| | Phone: 509-447-3131 , Fax: 509-447-5644 |