BEFORE THE BOARD OF NORTHEAST TRI COUNTY HEALTH DISTRICT

IN THE MATTER OF PROCLAIMING THE WEEK OF APRIL 1-7, 2013 AS NATIONAL PUBLIC HEALTH WEEK

RESOLUTION 02-2013

PROCLAIMING THE WEEK OF APRIL 1-7, 2013 AS NATIONAL PUBLIC HEALTH WEEK

WHEREAS, public health is a proven, prevention focused discipline vital to the well-being of the residents of Ferry, Pend Oreille and Stevens Counties; AND

WHEREAS, the public health system in Ferry, Pend Oreille and Stevens Counties provides a vast array of life-saving services for all people including:

- immunizations
- keeping infectious diseases under control
- monitoring the quality of our drinking water and the food we eat
- investigating and eliminating hazardous environmental conditions
- collaborating with communities to prevent devastating diseases and leading causes of death and disability – obesity, heart disease, stroke, diabetes and some types of cancer
- providing nutrition education and supplemental foods to women, infants and children to promote healthy choices and reduce infant mortality
- reproductive and sexual health to encourage responsible contraceptive behavior and promote access to preventive health services
- planning for and responding to emergencies, including natural disasters, pandemic illness and bioterrorism

WHEREAS, healthy communities start with healthy individuals; AND

WHEREAS, Northeast Tri County Health District works with partners throughout the counties to encourage healthy lifestyle choices through the Healthy Newport and Get Fit Colville programs; AND

WHEREAS, the programs urge:

- eat smart
- move more
- be tobacco free
- get recommended health screenings
- maintain a healthy weight

WHEREAS, research has shown these actions can help our residents live longer, healthier lives and prevent illness, which can save millions of dollars in treatment expenses at a time when health care costs are increasing at unprecedented rates; AND

WHEREAS, it is important for the communities and their leaders to recognize the essential role public health serves in our counties and to continue to support public health programs and those who make them work; AND

WHEREAS, it is important to highlight this 18th annual National Public Health Week, April 1-7, 2013 and this year’s theme, “A Healthier America Begins Today – Join the Movement”;

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NOW, THEREFORE, the Board of Health of the Northeast Tri County Health District do hereby proclaim the week of April 1-7, 2013 as National Public Health Week in Ferry, Pend Oreille and Stevens Counties.

Done this 16th day of January, 2013 in Colville, Washington and effective immediately upon signatures as of this date.

Board Member, City of Republic

Board Member, City of Colville

Board Member, City of Newport

Board Member, Ferry County

Board Member, Ferry County

Board Member, Pend Oreille County

Health Officer

Board Member, Pend Oreille County

Board Member, Stevens County

Board Member, Stevens County