



MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

Notification Letter Teacher/Staff is a Close Contact

Dear Staff/Teacher,

This letter is to inform you that an individual at your childcare center/school has been diagnosed with COVID-19.

You have been identified as a close contact of a person/student who tested positive for COVID-19, either by physical proximity or another connection at school/childcare center. You need to quarantine at home for 14 days after the last exposure to the individual who tested positive, which was . Your estimated return to work after quarantine would be . This date could change if you develop symptoms of COVID-19 or test positive for COVID-19.

While in quarantine we encourage you to watch for any symptoms of COVID-19. Early identification may limit the risk to other household members. COVID-19 symptoms can include any of the following:

- Cough
- Shortness of breath or difficulty breathing
- Fever of 100.4°F or higher or a sense of having a fever
- Sore throat
- Chills
- New loss of taste or smell
- Muscle or body aches
- Nausea/vomiting/diarrhea
- Congestion/runny nose
- Unusual fatigue
- Headache

If you develop any of these symptoms, please notify your employer and contact your doctor for evaluation and testing for COVID-19 infection. Individuals often have questions about getting tested after an exposure. Testing is recommended if symptoms are present, but not recommended without symptoms. A negative test does not release you from quarantine or allow you to return to work for in-person instruction.

If you elect to get tested in the absence of symptoms, we encourage waiting until seven days after exposure. If you have a negative result; you will still need to quarantine 14 days from last exposure. This is because it could take up to 14 days for symptoms to appear.

Being in quarantine does not require any restrictions with other household members unless you are experiencing COVID-19 symptoms or have tested positive for COVID-19. If you develop symptoms or test positive, household members should also quarantine and await further instruction from public health.

For more information and additional guidance about your child being exposed:
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDExposed.pdf>.

If you have further questions concerning COVID-19 you can consult your healthcare provider, contact the state Call Center 1.800.525.0127 and press #, or contact our office at 509.684.2262. More information can be found on our website at www.netchd.org or at <https://www.cdc.gov/coronavirus/2019-ncov>.

Sincerely,

Sam Artzis, MD
Health Officer

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- Stevens County** - 240 E. Dominion, Colville, WA 99114
 - Administration Phone: 509-684-2262**, Fax: 509-684-1002
 - Community Health Phone: 509-684-2262**, Fax: 509-684-9878
 - Environmental Health Phone: 509-684-2262**, Fax: 509-684-8506
- Ferry County** - 147 N. Clark, PO Box 584, Republic, WA 99166
Phone: 509-775-3111, Fax: 509-775-2858
- Pend Oreille County** - 605 Highway 20, Newport, WA 99156
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