

News Release for World Breastfeeding Week August 1-7, 2011

Expecting women, mothers with babies in tow and local professionals attended the Women, Infants and Children (WIC) breastfeeding open house sponsored by Northeast Tri County Health District (NETCHD). WIC, a program from the United States Department of Agriculture and locally administered by NETCHD, strongly supports breastfeeding. "Research has shown that there is no better food than breast milk for a baby's first year of life. Breastfeeding provides many health, nutritional, economical and emotional benefits to mother and baby." (USDA)

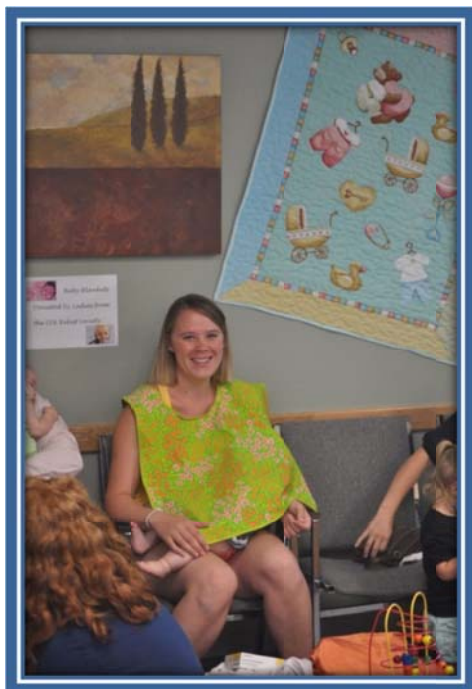
Participants were introduced to the many supports WIC offers such as peer counselors, breast pumps, breast shells & pads and educational materials to help support the initiation and continuation of breastfeeding. Drawings were held for door prizes with gifts donated by the Colville First Ward Relief Society of the LDS Church and Health District Staff. The church gave handmade quilts and Mary Sandall crafted cover ups for the mom and baby to use during breastfeeding. If you questions about WIC services and/or breastfeeding please call Northeast Tri County Health District at 684-5048.



World Class Breastfeeder, Trya Rogalette



Jennifer Matney & Isabelle



Chelsea Rogalette feeding Tyra using one of Mary's handmade drapes/covers.



Marylou Marie Stinson, contented breastfeeder!