

### **Northeast Tri County Health District Measles Update for 01/28/2019:**

Within Washington, Clark and King Counties are reporting confirmed cases of measles. Currently Clark County has 34 confirmed measles cases and King County is reporting 1 confirmed case. In Clark County, 30 of the 34 cases were unimmunized; the other four cases, immunizations are unverified. The Washington State Department of Health has worked with the Governor's Office and the Emergency Management Division to issue a State of Emergency in all counties of the state. This effort will assist local health jurisdictions prepare for and respond as the outbreak is likely to grow.

Currently, Northeast Tri County Health District is working to support local health care providers to keep them informed of the situation in Clark and King Counties and management of potential cases. To date, Northeast Tri Counties have tested two suspected cases of measles, both cases were negative. We have no confirmed cases in Ferry, Pend Oreille, or Stevens Counties.

Measles is a highly contagious disease that causes high fever, cough, runny nose and red watery eyes. A rash starting at the hair line breaks out 3-5 days after symptoms begin. Measles can lead to pneumonia and brain swelling, which may lead to brain damage or death. About 1 in 4 people who get measles will be hospitalized. Measles is spread through respiratory droplets, and it has been documented airborne transmission can occur in closed areas for up to 2 hours after a person with measles was present. A person is most contagious 4 days prior to the rash and 4 days after rash appears.

The best prevention/protection against measles is the MMR vaccine, which protects against measles, mumps, and rubella viruses. The MMR is 97% effective against measles when 2 doses are given. Individuals who are unvaccinated have a 90% chance of getting measles if exposed.

If you think you have been exposed to measles or have measles, stay home and call your medical provider prior to going in for evaluation. To prevent exposure to others certain steps, need to be taken before medical attention is sought. Questions regarding measles, the current outbreak, or MMR vaccine please contact your local Northeast Tri County Health District office.

Colville: 509-684-2262

Newport: 509-447-3131

Republic: 509-775-3111

Additional resources:

- Current case count: <https://www.doh.wa.gov/measlesoutbreak>
- Measles in Washington:  
<https://doh.wa.gov/measles>  
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-649-MeaslesVaccineBestProtection.pdf>  
[https://www.doh.wa.gov/Portals/1/Documents/Pubs/Measles%20Basic%20Info\\_english.pdf](https://www.doh.wa.gov/Portals/1/Documents/Pubs/Measles%20Basic%20Info_english.pdf)



MATT SCHANZ, ADMINISTRATOR  
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

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- Check immunization records online: <https://wa.myir.net>
  - Measles information for travelers: <https://www.cdc.gov/measles/travelers.html>
  - CDC information on measles: <https://www.cdc.gov/vaccines/vpd/mmr/public/index.html>
  - Information on who should NOT be vaccinated: <https://www.cdc.gov/vaccines/vpd/should-not-vacc.html>

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| <input checked="" type="checkbox"/> <b>Stevens County</b> - 240 E. Dominion, Colville, WA 99114 | <input type="checkbox"/> <b>Ferry County</b> - 147 N. Clark, PO Box 584, Republic, WA 99166 |
| <input type="checkbox"/> <b>Administration:</b> 509-684-1301, Fax: 509-684-1002                 | 509-775-3111, Fax: 509-775-2858   |
| <input checked="" type="checkbox"/> <b>Clinic:</b> 509-684-5048, Fax: 509-684-9878              |   |
| <input type="checkbox"/> <b>Family Planning:</b> 509-684-6209, Fax: 509-684-9878                | <input type="checkbox"/> <b>Pend Oreille County</b> - 605 Highway 20, Newport, WA 99156     |
| <input type="checkbox"/> <b>Stevens County</b> - 240 E. Dominion, Colville, WA 99114            | 509-447-3131, Fax: 509-447-5644   |
| <input type="checkbox"/> <b>Environmental Health:</b> 509-684-2262, Fax: 509-684-8506           | <input type="checkbox"/> <b>Website:</b> www.netchd.org                                     |