

TAKE CHARGE

Free Birth Control for Women and Men who live in Washington State

YOU CAN GET

- ✓ FREE Birth Control Methods including Birth Control Pills (oral contraceptives), IUD (intrauterine device), Diaphragm, Cervical Cap, Depo Provera (3 month shot), and Emergency Contraception Pills.
- ✓ FREE Male and Female Condoms. To protect you and your partner from pregnancy and Sexually Transmitted Infections (STI), including HIV/AIDS.
- ✓ FREE Vasectomy or Tubal Ligation for permanent sterilization.
- ✓ FREE Birth Control Knowledge. Get answers to all of your questions.

Northeast Tri County Health District is a Take Charge Provider or for information on other health care providers at <http://maa.dshs.wa.gov/familyplan> or <https://wvs2.wa.gov/dshs/maa/familyplan/TCproviders.htm>

How to TAKE CHARGE

Fill out an application at the clinic nearest you. Get information about birth control while you are there. Go home with condoms in your pocket. You will get your **TAKE CHARGE** card in the mail. This card is your ticket for a year of FREE condoms and services from our clinic and your local drug store.

The **Take Charge** program was designed by the State of Washington to make birth control services and education accessible to a wider range of the public. If you have no insurance, or if your insurance does not cover contraception, make an appointment TODAY to sign up for Take Charge.